

The Language of Soul: Aligning Ourselves with Our Truth for Healing of Self, Community, and Planet. Summit, January 2023

Created by Veselka Nikolova, MD

***“From Earth to the Stars: Crop Circles, UFOs, and Our Multidimensional Nature”***

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Bio:

Veronica is an Emerita Professor, Author, Jungian psychotherapist, and Pilgrimage Leader. She has been interested in our star heritage since the 80s when she began work with an indigenous wisdom keeper, and had a UFO encounter. At the same time, she feels the necessity for a deep connection with the earth since the appearance of crop circles together with our environmental crises. Her travels to the sacred places of the earth, especially most recently to Egypt have strengthened these planetary and galactic interests which seem to invite the exploration of a much vaster vision for our world, mirrored also in Quantum Physics. Dreams and visions have always been a key part of these interests. Veronica's book, *Songlines of the Soul: Pathways to a New Vision for a New Century*, explores in greater depth what she calls the 'signatures' – crop circles, UFOs, and other ‘anomalous’ experiences – of the approaching age of Aquarius.

1. What are crop circles?
2. How do you understand UFOs?
3. Can you say more about how you feel they are connected?
4. Do you feel that these sorts of phenomena are related to the healing of ourselves and our world?

1. Crop Circles are:

formations, patterns, that appear, usually overnight, in crops and grains during the summer in places around the world, but especially in England over the past 40 plus years, on land often related to its sacred and mythic history. They are incredibly beautiful, do not repeat (although the underlying geometry can be used in different expressions of their designs). Some appear to be human made, but mostly they are now regarded as coming from elsewhere, which many people feel are from off earth civilizations trying to make contact with us.

I call them star codes and earth dreams. I feel photos of them (widely available on the internet) can be used as ‘oracular portals’ to access deeper wisdom and

guidance (like Tarot cards), from star beings and other higher dimensional frequency domains – and have spoken about this elsewhere (See my talk for the Crop Circle Conference, 2022).

### **Slides 1 - 9 Swirling Galaxy (crop circle from August 2001)**

I first became interested in them in the late 80s/early 90s when I saw photos of them in English newspapers when I was visiting my family in the UK during the summer. I was intrigued and, curiously in some deep way, felt I ‘recognised’ them; they weren’t anything alien or strange to me – I just marveled at them and was deeply curious. I saw all the debunking of them, etc, in the press, but I just thought it was the typical dismissing of anything that couldn’t be rationally explained by the prejudices of newspapers and their collective opinions, and the prevailing ‘scientific’ rational mind.

Also, in the late ‘80s, I had had a UFO encounter, (**SLIDE 10, PLEIADES star system**) so I knew about experiences that don’t fit our prevailing worldview and how impossible it was – espy back then – to talk to other people about such anomalous experiences, without them looking at you as if you were exaggerating an experience that could be understood within a more ‘normal’ context eg. people said to me about my UFO experience that it was probably a dream! Well, it wasn’t, and had happened in the presence of another person, on a mountain side near Palm Springs. There was the added unusual period of about 4 hours of missing time. (See the account of this in my book, *Songlines of the Soul*). The disbelief I was met with made me keep quiet about my experience for 10 years when I finally met a colleague with whom I received help in recovering what happened in the hours of missing time.

But around the late 80s and 90s, I was also beginning to delve more deeply into Jung’s *synchronicity hypothesis*, and was especially interested in how he noted that not only do people not tell about experiences that ‘don’t fit’ – NDEs for example or prophetic dreams for fear of being ridiculed, etc., - but that our scientific mind is really a prejudice and is espy problematic because it doesn’t include the ‘outliers’ of experience, only that which falls within the ‘norm’ of the bell curve. And a key feature of synchronicity is that you can’t predict it; such events happen spontaneously, but for Jung they were important because not only were they *acausal* ie. did not obey the laws of cause and effect, but they were also *meaningful* – they were trying to tell you something you needed to know about your soul life. (And Jung also points out that other cultures have this perspective toward meaning, that a moment in our lives can have a *qualitative* nature, not just a factual one. The Chinese Tao, for example, or astrology). So, as meaningful events that link a dream/vision with an event in world/nature at a specific moment, he used the word *kairos*, meaning *divine timing*, an event pregnant with meaning and

numinosity, that brings a feeling of magic into our lives – even fate or destiny – it fills us with a sense of a vibrating, rippling field all around that fills the atmosphere. It changes us if we will let it and dream it on into manifestation here. The other miracle is that synchronicity shows that creation is not fixed; at any time, it can create something new – hence we don't live in a static clockwork universe!

## 2. UFOs

What I realized is that both Crop Circles and UFOs operate similarly: they are unpredictable and appear quite spontaneously. What fascinated me was that they seemed to mirror each other: the CCs events on earth; UFOs events in the sky – both appearing at more or less the same time in our history. It was like the alchemical dictum: As above, so Below; as Below so Above. **But there was also something else of a more *subtle* nature going on, a *between* state, between the material earthly world and the heavenly spiritual world.**

**Jung had spoken of this field as the *unus mundus* – it's the unitary world out of which both psyche/spirit and matter emerge. This 'before everything, or ground of being, field' is related to the origin of the word 'magic' which implies an orientation to the spiritual worlds; it's a word associated with the word seer, or wisdom (Naydler, *Temple of the Cosmos*, p. 123, on "heka," magic). The division of spirit and matter allow the spiritual world to be made manifest here. To wield magical power appropriately, a path of inner development is required. (We see what happens when magic is wielded from a power drive, ego perspective – and we call this black magic.)**

There are other expressions of this subtle world.

Philosopher and theologian, Henri Corbin, **calls this between world the *mundus imaginalis***. It is accessed by the visionary eye, that lies in the heart. It works by attunement and not rationality, so it's hard to describe it to anyone else.

Crop circles embody complex geometric patterns, eternal forms, spirit, and they do so on earth, in matter, in grain. UFOs are 'spiritual' phenomena, they are mostly seen up in the air, the sky, but they have matter; they can be traced on radar, etc. And though these phenomena can be observed, and often they are recorded as just sightings, ***both (not all) can generate an altered state of awareness (SLIDE 11, Pilgrim Discovering Another World)*** – In my book, *Songlines*, I show how from individual synchronicities to the collective expressions of synchs in CCs and UFOs (because they are universally acknowledged), can involve increasingly intense expressions of a **psychophysical** nature, a subtle body experience that is deeply connected both with our physical bodies and deep feelings. The effects of such encounter experiences can range from individual meanings to considerations of a vaster planetary and galactic nature that, I feel, we are being invited into by them –

because we need a **larger vision for our world** that goes beyond just us, to caring about our planet, and our wider star families and guides – who are seeking, not to intervene, but to help us with this huge transformation of our world and all the underlying values that orchestrate it. It is the visionary eye in the heart that is so often activated under more subtle sorts of experiences. The imagination – that Einstein famously said ‘gives birth to evolution’ – is our ‘organ of knowing’ that helps co-create how we relate further to such events to deepen into them.

This confluence of not only matter but spirit (CCs), and not only spirit but matter (UFOs), Jung termed *psychoid*. He realized that with synchronicity, the archetype (mythic and symbolic images and related instincts offered by the psyche or soul) is not only to be experienced within the individual, in our dreams and personal experience, etc, but also outside, in nature and world events. This acknowledgement of **interconnectedness** was a life changer for me because I realized it required a whole new worldview. **(SLIDE 12: Red Book Interconnect)** Psyche was also matter, matter also had spirit. (Jung even called UFOs “collective synchronicities,” and wrote a whole essay on them, “Flying Saucers.” This monograph is in his volume, *Civilization in Transition*, (CW 10). Jung subtitled his essay, “A Modern Myth...” Jung was aware that we were in the chaos and turbulence that coincides with the constellation of a new Era on earth, the move from Pisces to Aquarius. We are all now completely aware of this ‘death and dismantling of the old order,’ and a new worldview trying to be born, one more sustainable, involving the necessity for a new attitude to the environment, to ourselves, each other, and our communities. One involving new healing protocols, the development of our starving souls and spirits through dream work and shamanic journeying, new technologies to create free energy, and simultaneously the discoveries of quantum physics and the subatomic world. The fact that the structure of reality is interconnected, repeatable at all scales, means that our consciousness – also part of reality – reaches deep down within our being to the plank level, extends outwards to our planet and its life, and up to the stars and galaxies where, for eons, indigenous cultures have told us of their star ancestors and guides in places such as the Pleiades, Sirius, Arcturus. (The Tree of Life, an ancient image, symbolizes this).

And more and more people are talking about and sensing their connection to these **star families**. Science tells us that we are made of the stuff of stars. This is not only a physical reality; it is also one that can make us ‘know’ intuitively and deep within that we have had other lives and incarnations, not only on Earth, but also in other galaxies and on other star systems. When you go to Egypt, for example, all the temples are filled with this stellar knowledge – not only are individual gods and

goddesses connected with particular stars (Isis with Sirius, Seshat, scribe of Thoth's (**SLIDE 13: Seshat**) cosmic knowledge, with the Pleiades as she has a 7-pointed star on her head, or perhaps 'flower of life' symbol)), but temples are built on alignment with particular stars or star groupings (eg, the Giza plateau pyramids with Orion's belt). The Pharaohs and highest priests and priestesses job was to 'become a star,' to be recognized as immortal; and they would undergo the shamanic ritual of death and rebirth, in order to 'cross over' to gain cosmic wisdom from other stellar beings and to bring it back to foster abundance on all levels of culture, from farming, to artistic expression, to building projects structured on the eternal laws of sacred geometry, to orchestrate the transformation mysteries, to have an understanding of astronomy and astrology, in order to build *the cosmos in stone* – as a reminder for all time, of the goddess Ma'at, cosmic balance, order, and harmony, and the cycles of time. (**SLIDE 14, Hathor Temple ceiling**)

We are pulled to Egypt to be reminded of this deep universal knowledge, a source point in ourselves, in our souls and in our history, so that we can come back into balance today, to follow not only man made laws, but cosmic law, and (as it were) to return to where we started, and 'know ourselves for the first time,' as who we *truly* are, and have always been – individuals who are also planetary and cosmic citizens.

I would like to give a **recent example** that shows this multi-layered 'self' - a synchronicity that links to a particular crop circle and a star group (planetary and cosmic) levels.

For the past year, I have been introduced to the work of Dr. John Ryan, a physician who channels a group of Sirian beings called the Blue White Collective. (**SLIDE 15, Star Sirius**). I first learned about his work at Jocelyn Starfeather's 'Into the Mythica,' a Sacred Planet Summit last January, where Dr. John was presenting the events of the seeding of spiritual energy into the human family, the Pleiadian Star Mothers, the quantum DNA, and the story more recently of his being contacted by the Sirian light beings (in 2019) to give a series of teachings and transmissions. At once, I felt I was waking up to something I knew in myself. I had always been deeply connected with the Pleiadian star beings due to my first learning about them with my indigenous teacher back in the 80s, and subsequent encounter experience which involved their presence and teachings. Also, soon after returning from Egypt last year, I had a beautiful and deeply moving dream about them – a glorious vision of their stars and ships and presence. (**SLIDE 16, Pleiades Star cluster**). Now, hearing about the Sirians also struck a chord in me.

During the year I've listened to many of John's teachings and have especially enjoyed the meditations. In his last transmission teaching in December on Star

Seeds, Dr. John showed a picture of a crop circle, referring to it only as a symbol or design he'd found on the internet, a picture showing the descent of energy (circular patterns) into a new structure (a building that looked like a church or cathedral). However, I happened to know that it was a Crop Circle because in 2012 when I was in the UK to give a presentation at the CC Conference, this formation at Stanton St. Bernard (June 29/July 20) (**SLIDE 17: Stanton St. Bernard CC**), was the first cc I went into that year, and I opened my talk with a photo of it. What was remarkable about Dr. John showing the picture last month in his Sirian Star Seed talk, was that when I entered the formation back in 2012, at exactly the moment when I crossed the threshold into it, my eyes immediately filled with tears, my heart simply expanded and blossomed with a feeling of unconditional love, and a telepathic communication conveyed that it was made by Sirians! All within the twinkling of an eye. It seems remarkable to me that 10 years after the initial event, the channeler for the Sirians shows exactly the same crop circle. It sent a kind of shock wave through me, a kind of wake-up call. It was as if any lurking remaining doubt about the Sirian presence and what it means for humanity, simply dissolved and I 'knew' without a doubt that their loving presence, and their teachings, are here for us now. This event was further confirmed for me when, quite spontaneously, also in December, I chose to do John's Cetacean meditation from February 2021, the teachings about the dolphins and whales and their presence and function in our seas. I was on the north Florida coast at that time, and I had listened to this meditation before I heard John's December teaching. I knew that the Sirians had a particular affinity with dolphins and whales and had wanted to learn more. So, after the meditation, I asked the Sirian guides for a sign, to see dolphins in the Gulf. Lo and behold, a couple of days later, I was walking on the beach and a whole pod came swimming by. I had that feeling of magic and beauty with their presence. And as I turned to look straight out in the water, one dolphin did the most incredible vertical flip right in front of me! I cried for joy and a feeling of profound gratitude. It felt like a miracle and an affirmation from the Sirians.

We live in such wondrous mysteries – a universe teeming with stars, planets, and sentient life, star families who have already undergone their ascension process and now offer, freely, their help and teachings to us, if we can trust our intuition and guidance and deep knowing. Our inner worlds, too, are as vast as oceans, also teeming with life and potential for us expressed through our dreams, visions, and synchronicities, offering their guidance for our embodied souls. We live at an unprecedented moment of time, and we have chosen to be here now – why? For what purpose? Egyptians and Jung relied on the symbolism of alchemy – indeed, Egypt was the origin of the alchemical opus of transformation. These stages can

be challenging to navigate, as they lead us into the dark waters of our own souls where the light of consciousness can be brought in order to make the blackness of grief, depression, and loss transmute into more creative service to ourselves, our relationships, and then to our work: making the inside outside in creative expression, our unique star seed spark, no matter how modest – all that matters is that it is our authentic presence, and our authentic energy and footprint. The world needs you, your healing, so that others may heal; your energy, so that others may be inspired to change! Your love for the planet by spending time in nature so that she may shower you with blessings (Pilgrimage taught me that); your love for the broader realms of galaxies, so our star families can help guide us toward greater wisdom (**SLIDE 18 Sapientia, Red Book**), and so that we may all realize we are One interconnected whole from stone to star. Perhaps we are entering a new mysticism, one that is experiencing the sacred as a union of psyche, spirit and matter on a more subtle level of higher consciousness *and* matter (**SLIDE Universal Human) in service to Wisdom and the Compassionate Heart (SLIDE 19, Universal human.)**)

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