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Title: “UFO Encounters, Crop Circle Mysteries, and the Recovery of our Stellar Origins: A New Emerging Worldview.”

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We all know we’re in the midst of a massive change on our planet, a shift or ‘ascension’ process whereby our planet and its citizens need to develop their consciousness toward greater maturity and a much vaster view of reality – an unfolding process that requires a new worldview. This earthquake of change is an archetypal death and rebirth journey, foretold by indigenous cultures across the world for decades, and now becoming apparent to all in the dismantling and renewal that is simultaneously happening – affecting climate and institutions globally, and felt deeply in the lives of many of us personally.

In *The Undiscovered Self*, (an essay in CW 10, *Civilization in Transition*, p. 304), Jung (1958) writes:

“A mood of universal destruction and renewal has set its mark on our age. This mood makes itself felt everywhere, politically, socially, and philosophically. **We are living in what the Greeks called the *kairos*—the right moment—for a “metamorphosis of the gods,” of the fundamental principles and symbols.”**

Metamorphosis means transformation from one state to another more mature state - In other words we need another worldview, a more mature one. In this talk I wish to show how the UFO/UAP – ET encounters and Crop Circle mysteries together are ‘signatures’ of this earthquake of change helping to initiate us toward planetary and galactic alignment and a reconnection with the stars and our star families, transforming our consciousness from division and separation toward unity, toward a more subtle expression based in the wisdom of our hearts, and a more sustainable planetary life of shared resources.

The basis for this talk initially lies in my own experiences, but the events of my own journey were further developed and deepened by research, listening to others’ stories, and realizing how much quantum physics was opening us also to a vaster multidimensional worldview from the side of science. For a much fuller treatment of the themes of this talk, please refer to my *Songlines of the Soul* book.

My own life has time and again reminded me of how difficult and challenging it is to change one's life, and to change how we think, and to get outside the box of inherited narrow prejudices, rational ways of thinking, often limited by a culture and educational system that doubts or undermines our own instincts and creative visions and is dominated primarily by fear. So, we need to be kind to ourselves as we find the courage to not only speak up but also to live what we really know about who we truly are, and who we are becoming.

My own experiences:

[Slide 1 of Seti 1 Temple at Abydos]

In January of this past year, I had the following dream; it was just after I had returned from 2 months in Egypt at the Temple of Seti 1 at Abydos, considered the main centre for the Osirian mysteries of death and rebirth, one of the most sacred places on earth in the ancient Egyptian tradition, and a star portal.

[One of the symbols on the very ancient Osirian building (50,000 BC) behind the main temple is the "Flower of Life" which is somehow etched into the stone by a process that is not well understood I believe –

[Slide 2 Flower of Life, Abydos] The Flower of Life pattern is a fundamental pattern in sacred geometry, and a fundamental shape of the physical universe. It represents the cycle of life, and it's believed that within this symbol the most meaningful and sacred patterns of our universe are held. We'll come back to this.]

Dream:

[Slide 3 Pleiades Star System]

First a dream from last January – (26/01/2022):

I was with my daughter (in a younger form) looking out at the evening sky. We saw the most beautiful celestial site: the brightness and clarity of the stars was absolutely stunning - they seemed much closer and clearer and more sparkly than I'd ever seen before. I could see the stars of the Pleiades, each one, so clearly. And then a wonderful thing happened: a ufo in a boomerang shape with lots of different sized round lights on its edges seemed to disconnect itself from a larger 'ship' and glide off silently into the sky. And then, a cloud dispersed and a massive ufo that looked like a vast building filled with all kinds of light coming off it, and through its windows, disclosed itself before going back behind the cloud. It was just a marvelous site, the whole thing - so wondrous and moving.....the clarity was unbelievable. In the dream, the advanced galactic beings were an undeniable reality - it was like a firm confirmation of that.....

And for me, the dream was deeply related to my Egyptian journey, and specifically to Abydos and the Osirian Temple, and the Star gate there.

To contextualize this dream further, my two months in Abydos, working with an indigenous wisdom keeper, involved a:

Process of dismantling restrictive patterns of unresolved karma that inhibit a clarity of vocation, and the expression of one's unique gift in the world – now at this stage of life.

As the symbolic 'death' stage was navigated, the conversation with my Egyptian guide, went increasingly in the direction of cosmology, in my case, specifically the stars and our relationship to them – espy at this time.

I was particularly interested in temple reliefs of Seshat and her relationship to Thoth and Ma'at. **[Slide 4 Seshat and Thoth]** Seshat has the 7 pointed star on her head which connects her with the Pleiades and the Flower of Life. The Temple at Abydos has, uniquely, 7 chapels inside it representing various gods and goddesses as it's a healing sanctuary, and the different neters refer to different chakras of the body – our inner suns – and what they represent and how we can use them in our healing. These 7 chapels also relate to the Pleiades, but they are also symbolic of the Big Dipper or Plough constellation, Ursa Major, as these are formed by stars that never set and point to the immortality of the soul, and to the death/rebirth rituals enacted by the Pharaoh and the high priests and priestesses, to experience 'death,' to go beyond the veil to receive the star wisdom, and to bring it back to earth.

In my dream I had a direct and unequivocal experience of the reality of the Pleiadian star beings – there was no doubt about this in the dream. We truly are cosmic as well as planetary citizens.

I have had various kinds of mystical and visionary experiences since a child. **But in my mid-30s back in the mid-80s, I worked with a wisdom keeper from the Seneca Indian tribe in NYS** who first told me about the ascension process and the planet's move to a higher consciousness in the coming decades – she said that it was not yet clear if humans would choose this path, but the earth herself certainly would, sloughing off humans if necessary if the old destructive ways – no longer in service to Ma'at, divine cosmic law and balance – continued to be followed.

[Slide 5 and 6 Ma'at] We would know by 2012 (25 years in the future) if humanity had chosen to align itself with the greater galactic calendar. By now, we know that we have chosen this path to an ascended civilization, although the old is still dismantling while the new energies are gaining in strength slowly but surely. But back in the mid-80s my indigenous teacher also told me about the star nation people and her – and it turns out – my connection with the Pleiadean star family. (Activation of energy mid-May 1987)

Encounter May 1989

Shortly after these disclosures, I had an encounter with a UFO in May 1989.

[Slide 7 Jung's Red Book painting] I have written about it more fully in my book, *Eros and Chaos*, and again in *Songlines of the Soul*, this time with details of the 4 or 5 hours of missing time associated with it, so I'll only briefly summarize here: Summarize: The event itself happened at the conclusion of a Mystery School training in southern California, in the mountains near Palm Springs. It occurred in the company of a friend who first saw the UFO and its circulating multi-coloured lights in its underbelly, in the air just off the edge of the mountain behind the lookout where we had stopped to see the view.

But focusing our sight on the 'ship,' became a strange, powerful, and evocative event. It led to a dramatic change in the landscape (from windy and a parking lot filled with cars, it became extremely calm and still with no-one around; a mysterious quality of light pervaded the whole environment; the numinous awe of the event; the altering of time and space; the period of so-called "missing time." And an earthquake of change resulted from this event and that became even more apparent in the recovery, 10 years later, of what occurred in the 4 or 5 hours of missing time. All these features gave me a direct experience of the world behind this one, a glimpse into that quantum, imaginal landscape that transforms our constricted divided view of the world and opens us to the creative forces of a world guided by love, a world in the process of birthing itself here.

Summary of "Missing Time"

Missing Time

The other key quality of my UFO experience that remained a mystery was the feature of missing time, often associated with encounter experiences. What, if anything, had occurred in that 'space' of a few minutes that in fact were four or five hours in ordinary chronological time? Ten years later, the visit of a friend and colleague, a psychotherapist who assisted many clients in recovering lost and forgotten memories through meditation techniques, came to visit. I decided then to see if I could recover those 'hours' of missing time.

[Slide 8 James Webb Telescope photo]

I enter the UFO craft greeted by two guardians and find myself in a beautiful sanctuary – a pool surrounded by lovely flowers, lush plants, and huge crystals. There is a window through which I can see a celestial vision of planets and stars. I feel my awareness has shifted to match those around me – compassionate, gentle, and keenly alive. Everything feels quiet and still. My shaman teacher, A .S. appears and lets me know we're in another dimensional reality. It becomes clear that the

major purpose of my visit is to work on my heart: 'they' work with their hands to stretch and broaden my whole heart area; some of this is quite painful, and yet they remind me that heart work is the work of being here on 'Earth School.' This is followed by a vision of stone circles, pyramids, sacred sites, and their cosmic connections. They are access points to other dimensional realities and frequencies, doorways to the imaginal landscapes and mystical cities of the soul. I then see a huge range of levels of reality representing different universes and dimensions, seemingly with no end. This is followed by disclosures on the profound power of love and its healing capacity; we learn to love through delving into our sorrows, losses, and deepest fears, and transforming these darknesses. Through this alchemical process we can reach an experience of the unity of life. The ten years between my original UFO experience and 'remembering' what happened in the hours of missing time, was a necessary period of huge change, the ending of the first part of my life and the opening to a new period; it had to be lived. I am assured that many others on earth are having similar experiences to mine. Another vision helps me see the exquisite orchestration of the universes both visible and invisible as a beautifully choreographed dance without end. All being is in service to a mystery we cannot know and do not understand. I leave with a profound feeling of gratitude, and with a commitment to follow the path of heart.

My time in Egypt brought back this experience as if it had only just happened, as if there was more to do with all these experiences now. Egypt as reflected in its mythology is a star culture. My teacher from the 80s told me that, from the point of view of her indigenous culture, ETs landed, created, and coded the high vibration of Egyptian culture (which originated in Atlantis and Lemuria in earlier epochs), in temple building, tomb enclosures, and in their beautiful and exquisite art, for posterity when we would once again need the wisdom. And here we are, with people flocking to Egypt in increasing numbers as the source point of all wisdom, the wisdom of cosmic law and cosmic teachings, to help us recover the wisdom within our own souls. It felt as if it was awakening something in me *again*, as if a deeper relationship to these mysteries was being invited, and I needed to speak up more about what I knew, that our connection to the stars and star beings had to do with an initiation into a new worldview. The mysteries and magic of Egypt – their temple building and art – are so extraordinary, it's almost impossible not to feel that the knowledge comes from elsewhere, from the stars.

Extraordinary sorts of events tend to happen at the close of one age and the beginning of another, such as we're in now – Pisces to Aquarius – and the need for new vision and dreaming. At these huge planetary shifts, the underlying assumptions of the reality that arises from our worldview have to go through a

change. At this moment, we are being encouraged to question the conventional view of reality and even consciousness itself – this is largely due to the contributions of quantum physics, Jungian depth psychology, Near-Death Studies, kundalini experiences, the rise of ancient feminine wisdom and images, a different view of our earth as Gaia and the related ecological concerns, pilgrimage travel to ancient sites, and the increasing numbers of stories and accounts of encounter phenomena. **We are being invited into a vast expansion and vision of who we are, where we come from, and why we're here.** This obligation is placed upon us because the old order is simply not holding, and pandemics like Covid are helping us to see we are, in fact, not only grievously out of sync with reality, but also that we are a unified world, a One World, and everything and everyone is interconnected. But we have lost our connection to the sacred, to the wholeness of being, to nature and our universe beyond, to the fact that we are One, unified as people, deeply embedded in nature, and responsible to each other as well as to our galactic brothers and sisters.

As we expand though our consciousness through shamanic journeying, deep visioning, and learning more about quantum physics, to planetary considerations, the unified field expands and is amplified – we're moved into a conversation with ever deeper levels of reality. We not only experience nature as stone, plant, animal, and bird, but the subtle field of the spirit and soul of nature in which the planet is embedded begins speaking to us. During my solo walks, I experienced this field directly – once called *anima mundi* – and it changed my life and my life's direction. Even now, it's good to spend time in nature, feeling our relationship with her, and feeling our dependence on her life and energy. And if we extend our awareness to the galaxy, galaxies, and even specific stars that draw us, we awaken even further to that level of reality and communication.

Egypt's relationship with the stars has various levels to it:

[Slide 9, Karnak Ceiling]

Egyptians were star gazers, astronomers; they loved the stars and watching the night sky. The star beings that built and seeded the divine knowledge here knew that we were intimately connected with the whole galaxy and beyond. Over the temple ceilings you almost always see golden stars coming out of a blue beyond. The sky goddess Nut has a whole body of stars; she stretches across the Milky Way, and her womb is to be seen at Cygnus, the Northern Cross, as she births creation. Sirius is the star of Isis, and the Sirius star system is the spiritual sun behind our sun. Osiris is linked with Orion; indeed, the Giza pyramids are aligned with the 3 bright stars of Orion. Why is this so? Surely because the star beings associated with these places are intimately connected with us and deeply care what is happening on our earth, and communicate with us if we're open to their

messages. **[Slide 10, Dendara Ceiling]** The sun itself, our star, in Egypt has a whole mythology about it – it is born each day, raises to a zenith, and then starts a descent to the ‘below,’ night, underworld, and then renews each dawn. Just like the rhythms of our own lives. Each stage of the day has an astrology attached to it. This rhythm is daily, but it is true for larger scales of time – civilizations are born and die – cosmic ages come into being and pass away: Taurus, Aries, Pisces, now Aquarius. The Egyptians had Khemitian cycles of stages of consciousness – and it’s all within the context of our place in the galaxy, how near or far from the galactic centre we are, etc.

To which circumpolar or fixed star is the earth’s axis pointing – now it’s Polaris, 12K years ago it was Vega. The god Thoth (Djheuti) knew this cosmic knowledge, brought it from Atlantis, and his companion Seshat wrote it down – her 7-pointed star on her head, refers to high-frequency knowledge, deep esoteric wisdom, or knowledge from the stars.... At present, we’re in the darkest time, the sun is ‘hidden’, it’s sometimes called the Kali Yuga, the lowest level of awareness, almost complete unconsciousness. But we are waking up according to divine and cosmic timing, and the long journey toward the light once again has been initiated. This will only get stronger year by year as more and more individuals awaken to the ‘knowing’ that they hold in their akashic and soul records the memory that link them to the stars and galactic levels of higher consciousness.

In Egypt, as later in alchemy too, the whole purpose of life was to become a star. The identification of the pharaoh with his imperishable star indicated that he lives for eternity **[Slide 11 and 12, Great Pyramid and Sphinx, and Orbs outside Gt Pyramid before entering]** (Pyramids were energy creators for the resurrection rituals in life, not just afterwards to take place).

In the mystical alchemical tradition (which originated in Egypt) the *imaginatio*, or visionary imagination, is the most important key to transformation - It is considered the ‘star’ in humankind and is called “the celestial and supercelestial body” – ie. the immortal or resurrection body, that through the alchemical art of transformation you create, or co-create, this subtle body that you take with you when to die. This tradition emphasizes how central the use of imagination is in co-creating reality. It is used in shamanic journeying, art, music, writing, and other forms of creativity. It is the faculty that often inspires scientists to create new theories. Albert Einstein said: "Imagination is more important than knowledge. For knowledge is limited, whereas imagination embraces the entire world, stimulating progress, giving birth to evolution. [We have to dream and imagine the world we wish to create.] It is the language of the soul. Pay attention to your imagination and you will discover all you need to be fulfilled." It is our guiding star.

Stars are significant symbols in dreams – as I’ve illustrated above – and often are portals through which the Star Beings communicate with us.

[Slide 13 Sirius]

And, we have actual experiences connected with stars or star beings. Millions of people around the world have stories of these connections.

In these stories, there are common themes often relating to transformation, unconditional love, telepathic communication, ecstatic states, losing one’s fear of death, entering altered states of csness that are neither literal nor dream-like, but often subtle and completely Other, but nevertheless very real. They help open individuals to levels of passion and vision that can lead to life changes – very similar to NDE’s or kundalini awakenings. They can help people feel called beyond their own lives towards a planetary custodianship and galactic citizenry. They help open the heart.

But sometimes we just remember our galactic heritage because the memory of our incarnations on other planets and in other star systems is stored in our cells, is in our akashic record.

These sorts of experiences, and others of course – [alternative healing, spirituality beyond religion, plant medicine, environmental studies, interest in shamanism, breathwork, the return of the sacred feminine –] mark features of a new emerging csness, are now becoming much more common.

That’s the difference between the 80s and the present – it’s much more normal to talk about these things and their transformative capacity nowadays because energetically we are in a new condition.

Crop circles and teachings – light codes of higher frequencies.

Crop Circles and stars

[Slide 14 Milk Hill Crop Circle]

I first got interested in Crop Circles when I saw pictures of them in English newspapers – that was around the early 90s. But I didn’t visit them until 2008. I was amazed at their utter beauty, and undeniable complexity, their size and their mysterious appearance overnight, fully formed, never repeating their patterns. Their mystery was so profound and so benign I couldn’t believe that more people weren’t interested, and the hoax theories only seemed to compensate for the collective inability to accept and be with an unknown and unknowable mystery. It gradually dawned on me that these crop marvels were somehow mirroring the UFO phenomena in a kind of “as above so below.”

For over 40 years these formations have been coming every year into the fields of England, espy in the landscapes of its sacred and mythic history – Glastonbury and

Stonehenge/Avebury stone circles – places associated subtle energy ley lines, and with the Arthurian legends and Grail stories, and very early Celtic Christianity, and earlier to the ancient megalithic cultures – so these are sacred landscapes. And the to the visionary eye of some researchers – star maps are seen on the land – Arthur is linked to Arcturus for example.

There's so much to say about these formations and I've written about some of these areas in my chapter on CCs in *Songlines* – but for the purposes of this talk, I'd like to focus on their geometric signatures. Many of the formations contain various aspects of sacred geometry – the golden ratio, the squaring of the circle, the qualitative aspect of most numbers, etc. So, in this regard, they can be viewed as a union of the eternal underlying structure of the cosmos – spirit – with matter, wheat, barley, crops that grow and are cut down each year, following the ancient archetypal pattern of birth, flowering, death and decay, and rebirth cycles – in the annual cyclical processes of nature, as well as the transformation of crops into food, and our own transformation cycles in life. They are temporary temples, whose predominantly circular mandala structure is itself an image of the divine.

At this point, not a few people – esp. those who have researched them for decades, consider the formations creations of visitations from other dimensions by an agency that is not of this earth – specifically, star nation beings of a higher frequency consciousness, offering us the language of light, a universal language for us to decode if we so wish.

To the Hopi, these enigmas are related not only to cosmic influences and earth changes relate to their calendars, but also to the return of the Star Nation people themselves.

And I have had 2 occasions when it was communicated telepathically on entering a formation, who created it. Both were in 2012 - in the Stanton St. Bernard formation [**Slide 15 Stanton St. Bernard cc**] – **Sirian** made; and in the Hilbarn formation, [**Slide 16 Hillbarn cc 'shamanic mask'**] **Pleiadian**. And other people I have met have had transcendent and altered experiences of balls of light in the circles that suggested an agency not of this world. At this point, I firmly believe that many of the circles – even if not all – are the work of higher beings or Star Nation groups wanting to assist us in the change of consciousness that we're involved in. They communicate in a universal language of light, and if we allow ourselves to contemplate and be with their 'patterns,' we are transformed. One of the ways that I have suggested is that we approach them as **portals for oracular purposes**, regarding them as sacred gifts and invitations to **other worlds to deepen our**

knowledge of how we are being addressed by them in these evolutionary times, and what they wish to say.

Apart from anything else, their beauty is stunning – Plato says that beauty is the wake-up call to remember your soul's code, who you really are and always have been – Through sacred geometry you can gain many lessons in the communication of these formations by understanding the meaning of the geometry, but if you're not a geometer it's more difficult to decode the meaning of the messages in this way.

But if they are portals for us to engage with our imaginations through meditation techniques, in an approach that opens the ancient oracular process, we may learn things we don't already know. (Choose a formation, from the many online sites that have photos of them, that calls or speaks to you in an intuitive way – because this will be the light code that conceals the information for you specifically. See espy www.temporarytemples.co.uk) In this way you can get insightful wisdom and revelations from a deeper source that you might not have thought of, that relate to your own life, and often to the life of the planet more generally. This is the new education – human interaction at portals and temples (even temporary ones like ccs) has always been considered central to sacred sites and activating them.

Together, UFO's and Crop Circles offer us an alchemical image of As Above So Below – and we can see the unity of the cosmos, the fact that we are all connected, that the visible conceals the invisible, and the invisible is constantly expressed in the visible – that the tiniest plank level of reality is reflected in the whole and the whole in the tiniest. Quantum physics (and UFT – Dr. John Ryan, UnityFieldHealing) – is showing us this through the work of physicist Nassim Haremein and his team at the Resonance Science Academy, as well as many others.

The universe is sentient and alive, and we humans are made up of all the same energy as the multidimensional universe; we are participants in the whole and can access the whole – we are temples that embody the starry realms as well as the earth energies and bio fields around us.

[Slide 17 Pilgrim discovering another world] There are so many beneficent implications of this new and revitalized view of reality – from healing in a whole way vs. symptom cure only, to advanced technologies that can solve the major problems of the world, to knowing that we are galactic beings as well as planetary ones, who now, going forward will increasingly be communicating with the star nation families for wisdom and guidance as indigenous cultures and mystics from east and west have known for thousands of years.

So, in the new unfolding reality, we don't rely only on our rational thinking. Such experiences as I describe here (we could add synchronicities, NDEs, kundalini awakenings, plant medicine journeying, etc.) open us up to a wider range of knowledge, and how we know things, that include a fundamental shift from what I call logos thinking to eros awareness. This involves the broad field of knowing from the heart, the wisdom that flows from love and deep intuition and profound levels of feeling, visioning, sensing, and the deeper sources of knowledge that we can gain in meditation and encounter phenomena, disclosures of our essential natures beyond the known. We are opening to our psychic selves, stretching open faculties long dormant in the body-soul that wish to awaken us to a broader vision of the whole of being. Our consciousness is expanding and needs to. From narrow views of ourselves based in fear we're opening to the wondrous nature of how things really are, and this inspires us to create from a different level within ourselves, uniting passion and vision more aligned with our truest natures and planetary and galactic destiny of which we are a part.

Most stunning is the fact that the basic structure of the universe is the geometric structure of the **Flower of Life**, [Slide 18 FoL] the “infinite grid of creation” attributed to the Egyptian Thoth, and taught at the Mystery Schools of Egypt as “the secret formulae for spiritual, mental, moral, and physical regeneration,” – a glyph already to be found on the walls of the Osirian at Abydos (from perhaps 50,000 years ago), as well as in the crop circles of England, and in the current understanding of quantum physics. Ancient wisdom and modern science are unified in their unfolding knowledge of a deeper cosmic reality that we are being awakened to once again.

We are fast becoming ‘universal humans’ now, and here's a great image from alchemy that points to the realization of this fact.

[Slide 19 Alchemical image of the universal human]

Slide of the Universal Human – personal yet joined to all levels of reality – life under the earth like the mineral kingdom, life on the earth, all the animals, plants, birds, etc., and then to our astrological signature which is unique for each person yet influenced by archetypal and cosmic energies common to all, and then to the stars and star beings and other guides and angels, and further, to realms of being beyond the stars, to the deep mystical levels of cosmic reality – some of which we experience in visions, journeying, and dreams – and that the NDEers come back with and share in their sacred stories. THIS is who we are, this is what we are being reminded of, this is what we are coming to know again, this is what will be

strengthened in the coming years as we navigate the increase in cosmic energy fueling the evolution of consciousness in our time.
