

*Wounds to Wings*, online conference March 2022, Blanca Vergara

## **WHY THIS SUMMIT?**

For a long time we have thought that we are evolving, in other words that our ancestors knew less than we do. What if we rethought that? What if we could actually learn from them? What if they have invaluable wisdom for us and for our future? What if in this historical moment we could reboot humanity with the support of ancestral feminine wisdom? What if we had the emotional support and massive inspiration from those who came before us? What if it's time for the Goddess to awake?

### **“We Come From the Stars: Reconnecting with our Galactic Heritage”**

Veronica Goodchild, PhD (Copyright All Rights Reserved)

Veronica Goodchild, PhD, is Professor Emerita at Pacifica Graduate Institute. Educated in London and the USA, she is a teacher, Jungian psychotherapist, and author. Led by dreams, she has explored sacred sites in England, France, Greece, Peru, and Egypt. Walking one of the Camino paths in France inspired her to create her own pilgrimage journeys to develop a more conscious relationship with our Earth, together with the mythic and archetypal stories that underly many shrines, temples, and oracular sites. These journeys have included the Magdalene Mysteries in France, the Bee priestess Oracular tradition in Crete and mainland Greece, and the Grail and Celtic legends in the UK. A recent trip to Egypt has rekindled an abiding interest in our galactic and cosmic origins. Veronica is the author of *Songlines of the Soul: Pathways to a New Vision for a New Century*, and *Eros and Chaos: The Sacred Mysteries and Dark Shadows of Love*. Veronica lives in SW France.

### **We come from the Stars: Reconnecting with our Galactic Heritage**

Questions to ask:

1. How did you become interested in our connection to the stars? As a child, complete wonder about the mystery of the universe. Experience of light as a child.
2. Is there a particular reason why this became activated again for you now? Egypt trip, plus experience of light when I returned home.
3. What are the implications of our star connections? Many levels of interpretation: stars as symbols (in astrology and Tarot); or in dreams (Jung dream and star in *SoS*, p. 218), and recent dream of UFOs and our star nation friends); star as the *imaginatio* in alchemy; or actual experiences of UFOs and their inhabitants.
4. How is this particularly relevant today? We need a broader vision of reality. From warring opposites to unification (*hostile brothers* archetype to the *coniunctio* or Sacred Marriage).
5. Any other thoughts or things you'd like to say?

1. How did you become interested in our connection to the stars?

Experience of the golden light in nature as a child. (A full description of this experience is elsewhere). Was it the the light of the sun, our star, or a mystical sun, and inner sun perhaps? Or both. When I was a bit older, I wondered about the universe. A TV program called ‘the sky at night’ used to fascinate me!

2. Is there a particular reason why this became activated again for you now?

**Recent Egypt trip:**

Egyptians were star gazers, astronomers; they loved the stars and watching the night sky. They knew that we were intimately connected with the whole galaxy. Over the temple ceilings you almost always see golden stars coming out of a blue beyond. The sky goddess Nut has a whole body of stars. The sun itself, our star, has a whole mythology about it – it is born each day, raises to a zenith, and then starts a descent to the ‘below,’ night, underworld, and then renews each dawn. Each stage of the day has an astrology attached to it. This rhythm is daily, but it is true for larger scales of time – civilizations are born and die – cosmic ages come into being and pass away: Taurus, Aries, Pisces, now Aquarius. The Egyptians had Khemitian cycles of stages of consciousness – and it’s all within the context of our place in the galaxy, how near or far from the galactic centre, etc. To which circumpolar or fixed star is the earth’s axis pointing – now it’s Polaris, 12K years ago it was Vega. The god Thoth (Djheuti) discovered this cosmic knowledge, and his wife Seshat wrote it down – she has a 7-pointed star on her head, referring to high-frequency knowledge, deep esoteric knowledge, or knowledge from the stars.... At present, we’re in the darkest time, the sun is ‘hidden’, it’s sometimes called the Kali Yuga, the lowest level of awareness, almost complete unconsciousness.

It is thought that Abydos temple with its 7 chapels set up specifically for the purpose of healing, was also reflecting our connection with the galaxies, specifically with the Pleiades or Seven Sisters star system. The Pleiades features in many creation stories across the world, and it is especially the indigenous traditions cross-culturally that keeps this star knowledge alive to this day. The chapels relate to these outer stars, but also to the seven main chakras of the body, so to our inner suns. Above and below are always seamlessly interconnected. The Milky Way mirrors the Nile. Etc.

**I worked with a Native American shaman** for a couple of years back in the late 80s when I lived on the east coast of the US. It was she who introduced me to the connection with the Pleiades star system and specifically my connection with it. Her introducing this idea to me seemed perfectly normal and intuitively correct – I didn’t feel there was anything wrong with it or odd about it – it seemed ‘just so.’ I didn’t even question it – it just felt ‘true.’

I also had a close encounter experience in the southern California desert in 1989, one of the strangest and most amazing experiences in my life, one that involved 4

or 5 hours of ‘missing time.’ This I was able to recover 10 years later in 1999, as I had put the experience aside because people closest to me either didn’t seem interested, thought it was too way out, or must have been a dream. I have written about this life changing experience in my book, *S of S*. A shorter version of it in an unpublished essay of mine from 2003 is given as my free gift. The missing time piece involves beings from the Pleiades – they felt like kin, like family.

I also met John Mack, the Harvard professor and psychiatrist who was a scholar and researcher on UFO phenomena, in the early 2000s, and participated in some of his conferences where I told and elaborated on my experience as not only a personal but also an archetypal event that was happening to many people around the globe. I began teaching on this theme in courses at PGI where, at that time, I had a lot of latitude in my course content. I thought of UFOs as connected with the crop circle mystery – and that this, in turn, was connected more broadly with Jung’s synchronicity principle – a principle that in my view required a new view of reality – as the s. principle demonstrates that at a certain level of csness we are nonlocally, acausally connected with nature, with events in the world – this suggests that not only is the soul not something just ‘within,’ but also that there must be a larger field of awareness that holds and encompasses both our inner and outer lives as completely interconnected – if this is true with our relationship with nature, presumably it must be true on other scales as well. Quantum physics is demonstrating this today. (Unity Field Theory – Nassim Haremein and the Resonance Science Academy) and that as we are expressions of this multidimensional field, our consciousness is intimately linked with it on all levels too.).

### **Crop circles are linked with star families too I’m convinced.**

3. What are the implications of our star connections? Many ways of looking at the ‘star’ phenomena:
  - \*symbolic (stars as symbols in astrology and the zodiac, or in Tarot); they can represent the soul, the eternal or highest attainment or value, or our longing for it; stars navigate sailors; starlight orients the individual by its scintilla on the journey through the depths; the star is a symbol of Venus and other goddesses as the morning and evening star; Isis as queen of heaven wears a crown of stars; stars are attributes of Queens of Heaven (eg. the Virgin Mary); the identification of the pharaoh with his imperishable star and so he lives for eternity (pyramids were energy creators for the resurrection rituals in life, not just afterwards); the Egyptian goddess, Nut, gives birth to stars and takes them back into herself; Isis is connected with Sirius; 6-pointed star is the Seal of Solomon or Star of David unifies above and below; the 5-pointed star is connected with mankind, or nature as most flowers have 5 petals, or

alternatively magic; the star is connected with the ‘light of nature,’ *anima mundi*, our dreams and visions.

\*dreams eg. Jung dream and star in *SoS*, p. 218, and recent dream of UFOs and our star nation friends),

\*alchemy (*imaginatio* is the ‘star in man’ the celestial or supercelestial body, because imagination is creative and can help us transcend our ordinary life to connect with other realms of consciousness, and this process creates an immortal subtle body, it involves feeling, intuition, thinking, and sensing),

\*actual experiences connected with stars or star people.

#### 4. How is it relevant today?

For me the interest in our connection to the stars and to our galactic family, as I continued to reflect and research on my experience and that of others, has to do with the *initiation into a new worldview* as these sorts of experiences – what we sometimes call anomalous or extraordinary – as Jung wrote, tend to happen at the close of one age and the beginning of another – such as we’re in now: Pisces to Aquarius. At these huge planetary shifts, the underlying assumptions of the reality that arises from our worldview have to go through a change. At this moment, we are being encouraged to question the conventional view of reality and even consciousness itself – this is largely due to the contributions of quantum physics, Jungian depth psychology, Near-Death Studies, kundalini experiences, the rise of ancient feminine wisdom and images, a different view of our earth as Gaia and the related ecological concerns. **We are being invited into a vast expansion and vision of who we are, where we come from, and why we’re here.** This obligation is placed upon us because the old order is simply not holding, and pandemics like Covid are helping us to see we are, in fact, not only grievously out of sync with reality, but also that we are a unified world, a One World, and everything and everyone is interconnected. But we have lost our connection to the sacred, to the wholeness of being, to nature and our universe beyond, to the fact that we are One, unified as people, deeply embedded in nature, and responsible to each other as well as to our galactic brothers and sisters.

(NB Feb. 8, ’22, half-way through this paragraph and my bee ornament fell off where I’d hung it – it stunned me, and stopped me in my tracks – what just happened?)

For me, UFO/ET phenomena and I always include crop circles, are like the **angel of the Annunciation**, helping us to wake up to this vaster vision that we need to remember, give birth to again, to help heal our world and ourselves. **Crop circles** unite complex geometrical patterns with earthly crops and appear as patterns and formations in farmers’ fields spontaneously – Together UFOs and CCs form a kind of alchemical ‘as above so below,’ and both these phenomena require/invite our interest, our participation, our willingness to take them seriously, to engage

with and learn from them – not just as interesting events, but what might these so-called anomalous events signify, or mean for us.

**Reading many encounters with the star-people stories**, there are common themes often relating to transformation, unconditional love, telepathic communication, ecstatic states, losing one's fear of death, entering altered states of csness that are neither literal nor dream-like, but often subtle and completely Other, but nevertheless very real. They help open individuals to levels of passion and vision that can lead to life changes – very similar to NDE's or kundalini awakenings. They can help people feel called beyond their own lives towards a planetary custodianship and galactic citizenry. They help open the heart. These sorts of experiences, and others of course – the list is long: alternative healing, spirituality beyond religion, plant medicine, environmental studies, interest in shamanism, breathwork, the return of the sacred feminine – and these topics that mark features of a new emerging csness, are now becoming much more common – are taught in many online seminars such as Jocelyn Mercado's [thesacredplanet.com](http://thesacredplanet.com) and quantum physicist Nassim Harriman's Resonance academy, the Science and Medical network, and others – mostly still outside conventional universities.

More recently, it feels as if more and more people are acknowledging their intuitive and instinctual connection to the stars; even without direct experience, they have a felt-sense of belonging to a particular star family, or having visited other civilizations not of this earth. It feels as if it's becoming almost 'normal' to have conversations with people about this, whereas not so long ago, one only discussed it in hushed whispers with like-minded people, or was openly ridiculed. We hear about the Pleiades, Sirius, Orion, Arcturus, the Lyrans, etc. Lots of information is available about the similarities and differences between these star groups, etc. Governments are opening their UFO files!

Recently I heard a fascinating talk by Dr. John Ryan on Jocelyn Mercado's *Into the Mythica* online conference, who flushed out for me in a clear and coherent manner our stellar origins and why understanding this helps us today. Trained as a medical doctor, he eventually was guided by meditation and visions to learn about a **DNA molecule in our bodies that connects with the soul**. This 'quantum package of information' – the 24<sup>th</sup> chromosome (humans have 23 chromosomes but the second one is fused from an earlier 2) – is **filled with our incarnational history** (ie. beyond our current parents and familial ancestors) and accompanies us as a guiding potential with each earthly incarnation we choose. **Theoretical physicist and visionary, Adam Apollo** (who also gave a talk on Jocelyn's online program) also speaks about this 'soul gene.'

We are beginning to realize that our history is much older than we previously thought. Egyptian astro-archaeological studies and Turkey's Gobekli Tepe (9<sup>th</sup>-10<sup>th</sup>

millennium BCE) are proof of that, as well as records of Atlantis in Plato and on Egyptian temple walls. Or simply, people's memories of living in much earlier cultures, or in other star systems.

(Ryan's information tells us that the 24<sup>th</sup> chromosome – was seeded in us on earth by the Pleiades or Seven Sisters, specifically the Pleiadian Mothers, at the time of Lemuria, when earth was being prepared to evolve into a divine/human civilization; in other words, humans capable of realizing their divinity, that we are finite yet connected to the infinite. Evolution on earth takes millions of years – some of these epochs and extinctions we know from science – but eventually, we arrived at this point where we were seeded genetically with this divine impulse. It is the indigenous cultures and their teachings that, to this day, keep this knowledge and disseminate it.)

The 24<sup>th</sup> chromosome – the 'point' in our DNA at which our physical bodies unite with our spirituality – **allows us to access healing from a space outside the physical world, from the spiritual or soul dimensions, from the quantum level of energy reality.** This healing potential is what Dr. Ryan teaches now, healing beyond medicine one might say.

According to Ryan, the reason so many people today are waking up to their galactic heritage is that they/**we have a connection to these times in our akashic record stored in our bodies** both local and nonlocal, and it connects with the shift that is going on now. Some people talk about 'ascension' as a way of describing the move from competition and power-over to co-operation and sovereignty, or to imagine a move **from separation to unity consciousness. In other words, that we are each a part of a much larger body – our communities, our earth, our cosmos. Once you know this as an 'innate knowing,' and not just an intellectual idea, it encourages us in the direction of greater understanding, compassion, and ways that we might live differently as both a planetary and stellar civilization with a responsibility to the larger whole.**

Many feel, me included, that we have **devolved** rather than evolved as humans. Dr. Ryan talked about how the Lemurian civilization (and others) began at its zenith, its height, and unity consciousness was gradually 'forgotten,' and we devolved as it were. This is because we had to learn the wisdom for ourselves, and this led to generations of separation from the sacred, duality and division. We can see the result of this devolution by looking around at the state of things today or looking inside our own hearts. But from 1987 on, starting at the Harmonic Convergence, the age of awakening, of 'ascension,' of waking up from the nightmare of what we had become, began.

It was the *Kairos*, the divine and galactic timing that the indigenous calendars worldwide pointed to, that 2012 was ground zero and the 'dawning of Aquarius' was being activated. **It was time to remember the seed knowledge within each of us, and to recover the ancient wisdom of the possibilities of**

**personal realization or illumination, and cosmic consciousness – This is why we are here, so that unity consciousness / Christ consciousness / recovering our oneness with nature, rocks, plants, animals, and the stars, can be lived once again.** This is the ‘ascension’ process, a word that I don’t particularly like. I prefer the word deepening which focuses more on bringing the new consciousness into the body to be incarnated, experienced and lived. And by unity I don’t mean to imply merging (uncs.unity). I mean a csness that can differentiate (evaluate situations, distinguish thoughts and emotions, self from other, make informed and wise choices, self-awareness, etc) and be unified at the same time with the wholeness of being, with awareness. It’s a new kind of mysticism: the union of instinct and vision – I believe it ‘meets’ in the heart, a heart mind, thinking with feeling, compassion with wisdom, and it tends to make one more peaceful and loving.

I think it’s really important to recognize **how much suffering** is going on in the world with so much dismantling and de-structuring going on, and that the process of ‘waking up’ often begins with a crisis of some sort – an illness, breakup, loss of loved one, depression or other losses. As the ancient alchemists and mystics recognized, spiritual development often is initiated by a very painful event, a ‘dark night of the soul.’ Personally, I don’t feel there is any way to avoid that, nor should one shrink from the possibilities of a transformed understanding of life that can come with engaging one’s own suffering and the unfolding process that develops. Physical and spiritual healing is so much part of the change happening at the moment. Losing one’s worldview is never an easy thing, either personally or collectively – one is often tossed on the seas of chaos for a period of time. But help can come, from one’s own depths, from accessing the knowledge stored in the universal memory that Jung called the collective unconscious and that can reveal itself in our dreams and visions. Jung also suggested that lasting change was really only possible with a transpersonal experience, from the realm outside of ordinary time. It’s like Einstein’s famous quote: “We can't solve problems by using the same kind of thinking we used when we created them.”

We have access to transpersonal, collective, akashic memory within our own bodies, through meditation and dreamwork, breathwork, or through pilgrimage or meditative walking, and other practices that rekindle our relationship to nature and our planet, or shamanic journeying, perhaps plant medicine. These spiritual technologies can also lead us to recall our star family or families – and particularly now as they are all around to help us at this time. As the ancient alchemists taught, transformation comes through the use of *imagination* and *meditation* – meditation is a conversation with ‘an invisible guide.’

I have for so long felt connected to the **Pleiadian** star system. Since my recent trip to Egypt, the **Sirian** energy seems more active – perhaps this is because Isis is connected to Sirius – that was her star. When I returned home in December, I

kept feeling that there was more light in the atmosphere, more light in nature. It was really palpable this feeling. Now I know the earth is traveling through a photo belt that is part of the change we're going through, the galaxy is literally bathing us in light, not just physical light, but the light of consciousness, the light of soul, the possibility perhaps of enlightenment. Perhaps the ancient knowledge of who we truly are as divine/human beings with an earthly and starry heritage encoded in each of us, is enabling a very slow yet fundamental shift in our worldview, and that through the current breakdown, a new birth will gradually take place over the next 5-600 years and beyond.

Jung wrote in MDR:

“The decisive question for humankind is: Is he related to something infinite or not? That is the telling question of his life. Only if we know that the thing which truly matters is the infinite can we avoid fixing our interests upon futilities, and upon all kinds of goals which are not of real importance.”

In other words, if your vision is too narrow, you are limited and then you suffer. So, expanding our vision, seeing ourselves as part of the vaster whole, effects everything and changes how we live. It provides greater sensitivity to the essential values, who we are in our essence, and the great mystery of Life itself.

Reflecting on all these thoughts, I had a recent dream (night of Wed. Jan. 26, 2022):

I dreamt that I had a young girl with me - she may have been my daughter in a younger form (it wasn't totally clear) - and we were looking out of an upstairs window at the evening sky. Looking down, I saw that lots of people on the ground floor were all looking up at the sky. I followed their gaze and saw the most beautiful celestial site: the brightness and clarity of the stars was absolutely stunning - they seemed much closer and clearer and more sparkly than I'd ever seen before. I could see the stars of the Pleiades, each one, so clearly. And then a wonderful thing happened: a ufo in a boomerang shape with lots of different sized round lights on its edges seemed to disconnect itself from a larger 'ship' and glide off silently into the sky. And then, a cloud dispersed and a massive ufo that looked like a vast building filled with all kinds of light coming off it, and through its windows, disclosed itself before going back behind the cloud. It was just a marvelous site, the whole thing - so wondrous and moving.....the clarity was unbelievable. In the dream, the advanced galactic beings were an undeniable reality - it was like a firm confirmation of that.....

Like a boomerang, I had put energy into reflecting more intensely on the stars, and it was as if the dream responded in kind, supporting this exploration, and going deeper, seeing where it was taking me. But the galactic civilizations from other worlds was a complete reality, and it emphasized the feeling of the light around me



in nature and the higher frequency beings inhabiting that light, that vibration - not interfering but wanting us to grow into a greater maturity – they had already passed through that doorway so were here to cheer us on as it were, as it is absolutely necessary that we change now.

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Other Ideas to reflect on: theme is the wounded feminine:

Lunar to Solar to Cosmic culture.

Competition and power-over vs. co-operation and sovereignty.

Domination to co-creation.

Imagination and creativity.

We have the power to create a new reality – with some work on our part.

1. Take your disturbances, and depressions and work with them. See what is being pushed down in your own being – try to be specific and totally honest with yourself. The dark night of the soul in many traditions is a high state of consciousness where the work often begins and returns to time and again. Write in a journal, and find any symbolic expression to put your experiences into images and symbols so you can relate to and engage with them.
2. READ – ancient myths to see universal patterns that can be road maps on your own spiritual journey. Familiarize yourself with Carl Jung's work and the main points of quantum physics – 2 of the main contributions to human evolution in the last 100+ years, see where these overlaps towards a mystic consciousness of Oneness and unity, bringing the masculine and feminine sides of you together towards a much vaster vision of reality.

The goddess got lost (see Anne Baring's work, *The Dream of the Cosmos*, for the history of this, both archetypal and historical).

The ancient Luna age where the goddess ruled the whole of creation, and the round of birth, death, and rebirth, and the shamanic traditions that maintained our sacred connection with the earth and stars, were slowly eclipsed by a Solar, male-dominated culture.

In the West, wisdom or Sophia, as the Bride and feminine aspect of the male god, creator of the earth and all manifest reality, was suppressed, as the patriarchal order took over increasingly on our planet.

This resulted in the one-sided consciousness of today: control over, rational thinking, hierarchical schemes, power in the hands of the few, scientific

materialism, use of resources for profit, etc. And excluded the values of the feminine, imaged as a goddess in the myths, values of intuition, partnership, feeling, dreaming, creativity, inclusion, diversity, nature and the animals, plants, and trees, as co-inhabitants on earth.

Both men and women suffered from this take-over, but women especially suffered because they were connected with nature and nature was to be controlled. Men who came up with new inventions that didn't comport with the Church, or orthodox consensus view of reality, were imprisoned or burnt at the stake too. Various cultures or groups got wiped out too (See esp. the Cathar genocide)—genocides didn't discriminate.

So, now, with the rise of feminine consciousness in the last 100 years esp. with the Suffragette movement, environmental movement, Earth, now named Gaia, as a self-sustaining system, marginal and minority voices increasingly coming to the fore, and the development of Jungian psychology and Quantum physics, both of which value the invisible realms that infuse our lived life – dreams, visions, feelings, and complexes on the one side, discontinuity, nonlocality, uncertainty, probability on the other – have greatly expanded our limited one-sided view.

What do we do?

We have to **re-educate and inspire ourselves** – READ for one thing – familiarize yourself with some of the ancient myths and modern science to help you see that the possibilities for recovering the lost traditions together with new ideas can help overcome the prejudices in all areas of life, and that together we can weave a new story.

Identify patterns in yourself that are 'patriarchal' and that suppress the feeling, intuitive, imaginative, side in your own experience. Do a life review. Open up your imagination, dream big, get the resources you need to support what you long for.

Isis and Osiris myth, Hathor and Horus, MM and Yeshua.

The union of sacred masculine and sacred feminine – the basis structure of the universe

See the Vision recounted in *Eros and Chaos*, p. 133